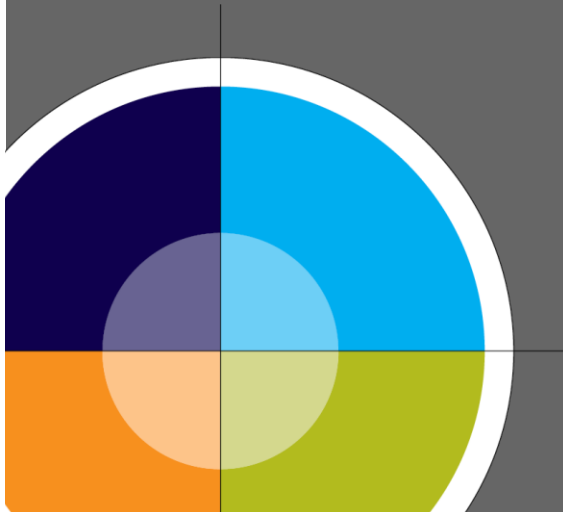


ifff.org

The Future of Caregiving



Richard Adler

19th Annual Updates on Dementia
So. San Francisco Conference Center
May 11, 2017



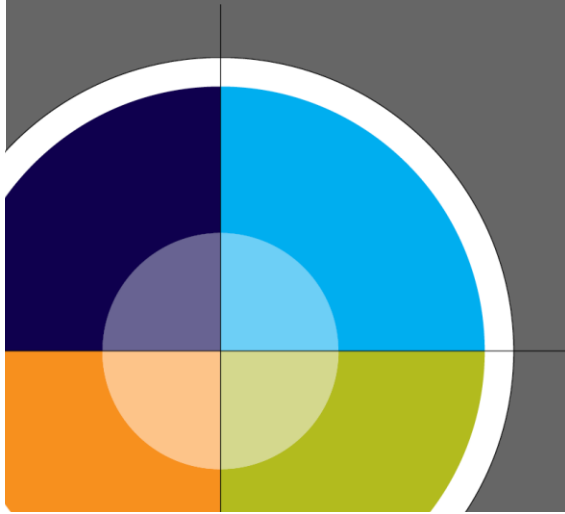
About IFTF

- An independent, nonprofit research group with more than 48 years of forecasting experience
- Based in Palo Alto, CA
- Research spans a broad territory from health and health care to technology, education, the workplace, and human identity



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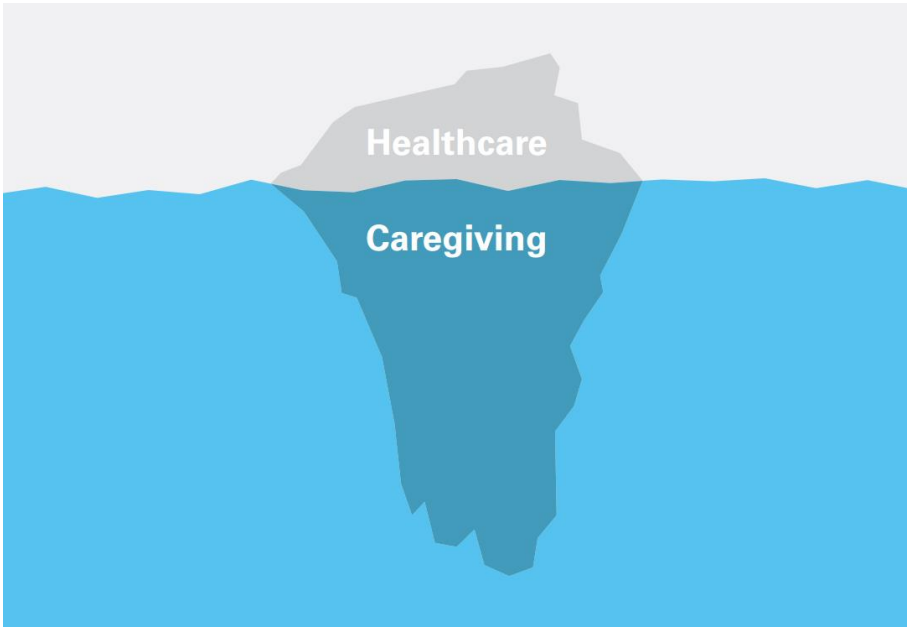
Caregiving 2031



Caregiving 2017

- 43.5 million adults in the US – 18.2% of Americans over age 18 – reported providing unpaid care to a family member or friend in the previous 12 months.
- About 15.7 million adult family caregivers care for someone who has Alzheimer's disease or other dementia.
- About 80% of care at home is provided by unpaid (“informal”) caregivers, while 20% is provided by paid caregivers.
- Nearly one-quarter (23%) of caregivers provide 40 or more hours of care a week





Good news: more attention

Why Trump and Clinton Are Proposing Benefits for Family Caregivers

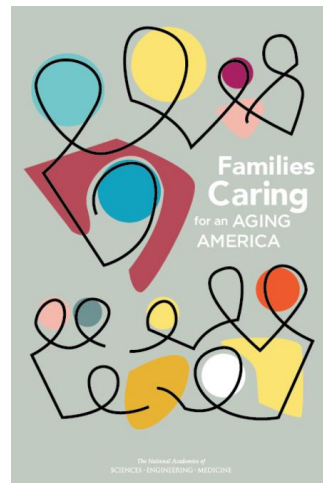
Elizabeth O'Brien @ellzobrien | Sept. 19, 2016

Elder care responsibilities weigh heavily on family budgets and careers.

Both Donald Trump and Hillary Clinton have proposed new benefits for Americans who take care of elderly relatives—and new data shows how big a pocketbook issue this is for many families.

More than 40% of family caregivers spend \$5,000 or more of their own money each year on food, clothing, transportation, medical care and other costs for their aging loved ones, according to a study released Monday by Caring.com.

Photo and Art: iStockphoto.com/Steve Probst





Bad news: trouble ahead

Caregivers, Part One; Facing a caregiving cliff

America, Iowa soon will see a shortage of people to help our aging population

Video Photo



Chelsea Keenan
The Gazette

More stories from Chelsea >

Jun 5, 2015 at 8:30 pm | Print View

It's not a matter of if you'll be a caregiver, but when.

At least that's Eugenia Vavra's opinion.

Vavra is the supervisor of the Lifelong Links partnership at the Heritage Area Agency on Aging, which provides services to those 60 years and older as well as their families in Benton, Cedar, Iowa, Johnson, Jones, Linn and Washington counties.

The Lifelong Links program helps connect and refer caregivers to state resources — something that can be difficult to navigate — and the hotline receives thousands of calls from across the state each month.

"There are ways to modify the home, new technologies — we try to provide options," she said.

There are 43.5 million caregivers across the United States, with more than 540,000 here in Iowa.



The Looming Caregiver Crisis

Fewer grown kids are around to help Mom and Dad as the number of older adults continues to rise

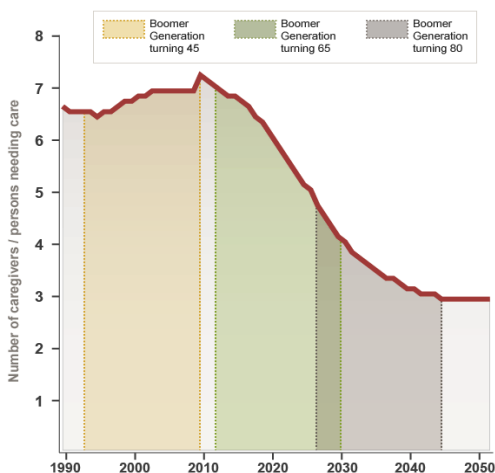
by Carleen Wild | Updated 15 Sep 2016 at 8:13 AM

Just as Republican presidential candidate Donald Trump unveiled a new plan to help families better care for their elderly dependents, a new report has found that if we don't find a way to better care for our caregivers — we're in trouble.

At least 17.7 million everyday Americans are right now providing care for someone age 65 and older, due to the elders' limitations in their physical, mental, or cognitive functioning.



Caregiver support ratio is falling





Clearly, action is needed to support for caregivers

But what kind of action?



9



Three Scenarios for a Crisis Averted



10



Three Scenarios for Crisis Averted

I. Angels in the Floorboards

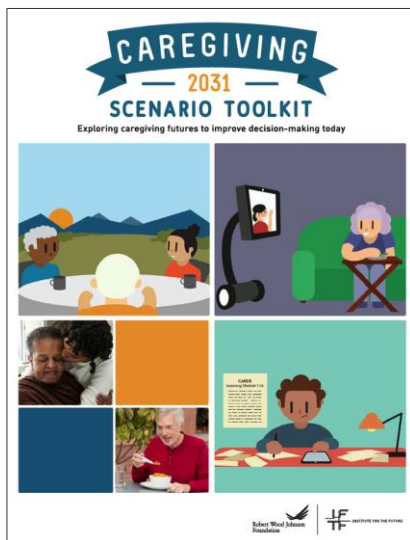


Three Scenarios for Crisis Averted

II. The CARER Class



Toolkit



13

Website



www.iftf.org/caregiving2031

14